

CURRENT HIV PREFERRED LANGUAGE*

Preferred	Stigmatizing
Person/People Living with HIV	HIV Infected
PLWHA	HIV/AIDS Patient
Focus is on the person not the illness	HIV Positive
Died of AIDS-related complications, died of AIDS- related illness, end stage HIV	Died of AIDS
HIV (AIDS is a diagnosis and cannot be transmitted)	AIDS Virus
Not medically accurate, use AIDS or Stage 3 HIV	Full-blown AIDS
Redundant since the V stands for virus. Use HIV	HIV Virus
Zero new acquisitions, transmissions	Zero new infections
HIV transmission, diagnosed with HIV, PLWH	HIV infections
Living with/diagnosed with or contracted/acquired	HIV infected
Number of diagnosed	Number of infections
Contracted, acquired, diagnosed with	Became infected
Infant exposed to HIV	HIV-exposed infant
Serodifferent, mixed-status couple	Serodiscordant Couple
Vertical transmission/perinatal transmission	Mother to child transmission
Person living with HIV, survivor, warrior	Victim, innocent victim, sufferer, infected
Children orphaned by loss of parents who died of AIDS-related complications	AIDS orphans
HIV test (AIDS is a diagnosis not tested)	AIDS test
Contract HIV, AIDS diagnosis, developed AIDS	To catch, contract, transmit AIDS, or catch HIV
Adherent	Compliant
Sex worker, sale of sexual services, transactional sex	Prostitute or prostitution
Based on values, use "having multiple sex partners"	Promiscuous
Condomless sex, using biomedical approaches to prevention like PrEP or TasP	Unprotected Sex
Chronic or manageable health condition with access to appropriate treatment	Death Sentence, Fatal Condition, life-threatening condition
Blood containing HIV, shared needles	Tainted blood, dirty needles
Clean implies people living with HIV are dirty	Clean
Drug that prevents transmission	Drug that prevents HIV infection
End transmission	End HIV, End AIDS
Undetectable, virally suppressed, effective treatment. U=U (undetectable=untransmittable)	On pills

^{*}This language has been adapted from the SERO Project created by people living with HIV

Words matter. Try incorporating these terms while speaking about HIV. We continue to educate in order to reduce stigma and improve the lives of those living with HIV.